



Mon

Tue

Wed

Thu

Fri

Sat

Sun

1

#NationalGetUpDay  
#NationalFreedomDay  
#Imbolc  
#DecoratingWithCandyDay  
#YearOfTheTiger  
#NationalDarkChocolateDay  
#BakedAlaskaDay  
#NationalSerpentDay  
#NationalTexasDay  
#SpunkyOldBroadsDay

2

#GroundhogDay  
#WorldWetlandsDay  
#LungLeavinDay  
#HeavenlyHashDay  
#NationalTaterTotDay  
#WorldUkuleleDay  
#Candlemas  
#CrepeDay  
#WorldReadAloudDay  
#NationalGirlsAndWomenInSportsDay

3

#WomenPhysiciansDay  
#GoldenRetrieverDay  
#FourChaplains  
#NationalMissingPersonsDay  
#NationalTheDayTheMusicDiedDay  
#FeedTheBirds  
#NationalCarrotCakeDay  
#Optimist  
#DoggyDateNight

4

#WorldCancerDay  
#ThankAMailCarrierDay  
#NationalCreateAVacuumDay  
#HomemadeSoupDay  
#StuffedMushroomDay  
#NationalHempDay  
#WearRedDay  
#NationalBubbleGumDay  
#GiveKidsASmile

5

#WorldNutellaDay  
#NationalWeatherpersonsDay  
#NationalShowerWithAFriendDay  
#IceCreamForBreakfastDay  
#NationalChocolateFondueDay

6

#ChopsticksDay  
#NationalLameDuckDay  
#NationalFrozenYogurtDay  
#TimeToTalk  
#NationalLameDuckDay  
#InternationalDayOfZeroToleranceToFemaleGenitalMutilation  
#WorldPiscoSourDay

7

#SendACardToAFriendDay  
#WaveAllYourFingersAtYourNeighborDay  
#NationalPeriodicTableDay  
#NationalFettuccineDay  
#eDay  
#NBHAAD  
#NationalSickieDay

8

#SaferInternetDay  
#NationalKiteFlyingDay  
#BoyscoutsDay  
#NationalIowaDay

9

#CutTheCordDay  
#NationalPizzaDay  
#NationalBagelsAndLoxDay  
#NationalToothacheDay

10

#NationalCreamCheeseBrownieDay  
#NationalGivingHeartsDay  
#NationalUmbrellaDay  
#NationalHomeWarrantyDay

11

#NationalShut-InVisitationDay  
#WorldDayOfTheSick  
#NationalWhiteShirtDay  
#NationalInventorsDay  
#NationalMakeaFriendDay  
#NationalDon'tCryOverSpilledMilkDay  
#InternationalDayOfWomenAndGirlsInScience  
#NationalGuitarDay  
#PeppermintPattyDay  
#SatisfiedStayingSingleDay  
#NoOneEatsAloneDay

12

#DarwinDay  
#AbrahamLincolnsBirthDay  
#NationalPlumPuddingDay  
#NationalFreedomtoMarryDay  
#GlobalMovieDay

13

#GalentinesDay  
#NationalBreakUpWithYourCarrierDay  
#NationalTortelliniDay  
#NationalCheddarDay  
#SuperBowlSunday  
#WorldRadioDay  
#GetADifferentNameDay  
#MadlyInLoveWithMeDay

14

#ValentinesDay  
#NationalCleanOutYourComputerDay  
#InternationalEpilepsyDay  
#NationalDonorDay  
#NationalCreamFilledChocolatesDay  
#NationalOrganDonorDay  
#InternationalBookGivingDay  
#NationalFerrisWheelDay  
#LibraryLoversDay  
#NationalPetTheftAwarenessDay  
#QuirkyaloneDay

15

#SinglesAwarenessDay  
#SusanBAnthonyDay  
#NationalWisconsinDay  
#NationalGumdropDay  
#WorldHippoDay

16

#HappyNationalAlmondDay  
#DoAGrouchAFavorDay  
#NationalTimTamDay  
#InnovationDay

17

#NationalCafeAuLaitDay  
#RandomActsOfKindnessDay  
#NationalCabbageDay  
#NationalChampionCrabRacesDay  
#WorldAnthropologyDay

18

#NationalDrinkWineDay  
#BatteryDay  
#NationalCrabStuffedFounderDay  
#NationalCaregiversDay

19

#NationalVetGirlsRiseDay  
#NationalLashDay  
#NationalChocolateMint  
#TugofWarDay

20

#LoveYourPetDay  
#NationalCherryPieDay  
#GiveMuffins  
#NationalComfyDay  
#WorldDayOfSocialJustice

21

#InternationalMotherLanguageDay  
#GrainFreeDay  
#NationalStickyBunDay  
#CardReadingDay  
#PresidentsDay

22

#SingleTaskingDay  
#DigitalLearningDay  
#NationalMargaritaDay  
#SweetPotatoDay  
#WorldSpayDay  
#BeHumbleDay  
#WalkingTheDogDay  
#NationalCaliforniaDay  
#WorldEncephalitisDay  
#WorldThinkingDay

23

#BananaBreadDay  
#InternationalDogBiscuitAppreciationDay  
#NationalTileDay  
#PlayTennisDay  
#CurlingisCoolDay

24

#ToastDay  
#WorldBartenderDay  
#TortillaChipDay

25

#NationalSkiptheStrawDay  
#NationalClamChowderDay  
#NationalChocolateCoveredNutDay  
#StandUpToBullyingDay

26

#NationalPistachioDay  
#LetterToAnElderDay  
#NationalToastDay

27

#NationalKahluaDay  
#InternationalPolarBearDay  
#NationalRetroDay  
#NoBrainerDay  
#StrawberryDay  
#NationalProteinDay

28

#RareDiseaseDay  
#NationalPublicSleepingDay

# The Whole Month

February 01

**National Get Up Day**  
#NationalGetUpDay

**National Freedom Day**  
#NationalFreedomDay

**Imbolc**  
#Imbolc

**Decorating With Candy Day**  
#DecoratingWithCandyDay

**New Year**  
#YearOfTheTiger

**National Dark Chocolate Day**  
#NationalDarkChocolateDay

**National Baked Alaska Day**  
#BakedAlaskaDay

**National Serpent Day**  
#NationalSerpentDay

**National Texas Day**  
#NationalTexasDay

**Spunky Old Broads Day**  
#SpunkyOldBroadsDay

February 02

**Groundhog Day**  
#GroundhogDay

**World Wetlands Day**  
#WorldWetlandsDay

**Lung Leavin' Day**  
#LungLeavinDay

**National Heavenly Hash Day**  
#HeavenlyHashDay

**National Tater Tot Day**  
#NationalTaterTotDay

**World Ukulele Day**  
#WorldUkuleleDay

**Candlemas**  
#Candlemas

**Crêpe Day**  
#CrepeDay

**World Read Aloud Day**  
#WorldReadAloudDay

**National Girls and Women in Sports Day**  
#NationalGirlsAndWomenInSportsDay

February 03

**National Women Physicians Day**  
#WomenPhysiciansDay

**National Golden Retriever Day**  
#GoldenRetrieverDay

**Four Chaplains Day**  
#FourChaplains

**National Missing Persons' Day**  
#NationalMissingPersonsDay

**National Day the Music Died Day**  
#NationalTheDayTheMusicDiedDay

**Feed the Birds Day**  
#FeedTheBirds

**National Carrot Cake Day**  
#NationalCarrotCakeDay

**National Carrot Cake Day**  
#NationalCarrotCakeDay

**Optimist Day**  
#Optimist

**Doggie Date Night**  
#DoggyDateNight

February 04

**World Cancer Day**  
#WorldCancerDay

**National Thank a Mail Carrier Day**  
#ThankAMailCarrierDay

**National Create a Vacuum Day**  
#NationalCreateAVacuumDay

**National Homemade Soup Day**  
#HomemadeSoupDay

**National Stuffed Mushroom Day**  
#StuffedMushroomDay

**National Hemp Day**  
#NationalHempDay

**National Wear Red Day**  
#WearRedDay

**Bubble Gum Day**  
#NationalBubbleGumDay

**Give Kids a Smile Day**  
#GiveKidsASmile

February 05

**National Nutella Day**  
#WorldNutellaDay

**National Weatherpersons' Day**  
#NationalWeatherpersonsDay

**National Shower with a Friend Day**  
#NationalShowerWithAFriendDay

**Ice Cream fo Breakfast Day**  
IceCreamForBreakfastDay

**National Chocolate Fondue Day**  
#NationalChocolateFondueDay

February 06

**National Chopsticks Day**  
#ChopsticksDay

**National Lame Duck Day**  
#NationalLameDuckDay

**National Frozen Yogurt Day**  
#NationalFrozenYogurtDay

**Time to Talk Day**  
#TimeToTalk

**National Lame Duck Day**  
#NationalLameDuckDay

**International Day of Zero Tolerance to Female Genital Mutilation**  
#InternationalDayOfZeroToleranceToFemaleGenitalMutilation

**World Pisco Sour Day**  
#WorldPiscoSourDay

February 07

**National Send a Card to a Friend Day**  
#SendACardToAFriendDay

**Wave All Your Fingers at Your Neighbor Day**  
#WaveAllYourFingersAtYourNeighborDay

**National Periodic Table Day**  
#NationalPeriodicTableDay

**National Fettuccine Alfredo Day**  
#NationalFettuccineDay

**e-Day**  
#eDay

**National Black HIV/AIDS Awareness Day**  
#NBHAAD

**National Sickle Day**  
#NationalSickleDay

February 08

**Safer Internet Day**  
#SaferInternetDay

**National Kite Flying Day**  
#NationalKiteFlyingDay

**National Boy Scouts Day**  
#BoyscoutsDay

**National Iowa Day**  
#NationalIowaDay

February 09

**National Cut the Cord Day**  
#CutTheCordDay

**National Pizza Day**  
#NationalPizzaDay

**National Bagel and Lox Day**  
#NationalBagelsAndLoxDay

**National Toothache Day**  
#NationalToothacheDay

February 10

**National Cream Cheese Brownie Day**  
#NationalCreamCheeseBrownieDay

**National Giving Hearts Day**  
#NationalGivingHeartsDay

**National Umbrella Day**  
#NationalUmbrellaDay

**National Home Warranty Day**  
#NationalHomeWarrantyDay

February 11

**National Shut-In Visitation Day**  
#NationalShut-InVisitationDay

**World Day of the Sick**  
#WorldDayOfTheSick

**National White Shirt Day**  
#NationalWhiteShirtDay

**National Inventors' Day**  
#NationalInventorsDay

**National Make a Friend Day**  
#NationalMakeAFriendDay

**National Don't Cry Over Spilled Milk Day**  
#NationalDon'tCryOverSpilledMilkDay

**International Day of Women and Girls in Science**  
#InternationalDayOfWomenAndGirlsInScience

**National Guitar Day**  
#NationalGuitarDay

**Peppermint Patty Day**  
#PeppermintPattyDay

**Satisfied Staying Single Day**  
#SatisfiedStayingSingleDay

**No One Eats Alone Day**  
#NoOneEatsAloneDay

February 12

**Darwin Day**  
#DarwinDay

**Abraham Lincoln's Birthday**  
#AbrahamLincolnsBirthday

**National Plum Pudding Day**  
#NationalPlumPuddingDay

**National Freedom to Marry Day**  
#NationalFreedomtoMarryDay

**Global Movie Day**  
#GlobalMovieDay

February 13

**Galentine's Day**  
#GalentinesDay

**National Break Up with Your Carrier Day**  
#NationalBreakUpWithYourCarrierDay

**National Tortellini Day**  
#NationalTortelliniDay

**National Cheddar Day**  
#NationalCheddarDay

**Super Bowl Sunday**  
#SuperBowlSunday

**World Radio Day**  
#WorldRadioDay

**Get a Different Name Day**  
#GetADifferentNameDay

**Madly In Love With Me Day**  
#MadlyInLoveWithMeDay

February 14

**Valentine's Day**  
#ValentinesDay

**National Clean Out Your Computer Day**  
#NationalCleanOutYourComputerDay

**International Epilepsy Day**  
#InternationalEpilepsyDay

**National Donor Day**  
#NationalDonorDay

**National Cream-Filled Chocolates Day**  
#NationalCreamFilledChocolatesDay

**National Organ Donor Day**  
#NationalOrganDonorDay

**International Book Giving Day**  
#InternationalBookGivingDay

**National Ferris Wheel Day**  
#NationalFerrisWheelDay

**Library Lovers' Day**  
#LibraryLoversDay

**National Pet Theft Awareness Day**  
#NationalPetTheftAwareness-

**Quirkyalone Day**  
#QuirkyaloneDay

February 15

**Singles Awareness Day**  
#SinglesAwarenessDay

**Susan B. Anthony Day**  
#SusanBAnthonyDay

**National Wisconsin Day**  
#NationalWisconsinDay

**National Gumdrop Day**  
#NationalGumdropDay

**World Hippo Day**  
#WorldHippoDay

February 16

**National Almond Day**  
#HappyNationalAlmondDay

**National Do A Grouch a Favor Day**  
#DoAGrouchAFavorDay

**Tim Tam Day**  
#NationalTimTamDay

**Innovation Day**  
#InnovationDay

February 17

**National Café au Lait Day**  
#NationalCafeAuLaitDay

**National Random Acts of Kindness Day**  
#RandomActsOfKindnessDay

**National Cabbage Day**  
#NationalCabbageDay

**Champion Crab Races Day**  
#NationalChampionCrabRacesDay

**World Anthropology Day**  
#WorldAnthropologyDay

February 18

**National Drink Wine Day**  
#NationalDrinkWineDay

**National Battery Day**  
#BatteryDay

**National Crab Stuffed Flounder Day**  
#NationalCrabStuffedFlounderDay

**National Caregivers Day**  
#NationalCaregiversDay

February 19

**National Vet Girls RISE Day**  
#NationalVetGirlsRISEDay

**National Lash Day**  
#NationalLashDay

**National Chocolate Mint Day**  
#NationalChocolateMint

**International Tug of War Day**  
#TugofWarDay

February 20

**National Love Your Pet Day**  
#LoveYourPetDay

**National Cherry Pie Day**  
#NationalCherryPieDay

**National Muffin Day**  
#GiveMuffins

**National Comfy Day**  
#NationalComfyDay

**World Day of Social Justice**  
#WorldDayOfSocialJustice

February 21

**International Mother Language Day**  
#InternationalMotherLanguageDay

**National Grain-Free Day**  
#GrainFreeDay

**National Sticky Bun Day**  
#NationalStickyBunDay

**Card Reading Day**  
#CardReadingDay

**Presidents' Day**  
#PresidentsDay

February 22

**Single Tasking Day**  
#SingleTaskingDay

**Digital Learning Day**  
#DigitalLearningDay

**National Margarita Day**  
#NationalMargaritaDay

**National Cook a Sweet Potato Day**  
#SweetPotatoDay

**World Spay Day**  
#WorldSpayDay

**Be Humble Day**  
#BeHumbleDay

**National Walking the Dog Day**  
#WalkingTheDogDay

**National California Day**  
#NationalCaliforniaDay

**World Encephalitis Day**  
WorldEncephalitisDay

**World Thinking Day**  
#WorldThinkingDay

February 23

**National Banana Bread Day**  
#BananaBreadDay

**International Dog Biscuit Appreciation Day**  
#InternationalDogBiscuitAppreciationDay

**National Tile Day**  
#NationalTileDay

**Play Tennis Day**  
#PlayTennisDay

**Curling is Cool Day**  
#CurlingisCoolDay

February 24

**National Toast Day**  
#ToastDay

**World Bartender Day**  
#WorldBartenderDay

**National Tortilla Chip Day**  
#TortillaChipDay

February 25

**National Skip the Straw Day**  
#NationalSkiptheStrawDay

**National Clam Chowder Day**  
#NationalClamChowderDay

**National Chocolate Covered Nut Day**  
#NationalChocolateCoveredNutDay

**International STAND UP to Bullying Day**  
#StandUpToBullyingDay

February 25

**National Skip the Straw Day**  
#NationalSkiptheStrawDay

**National Clam Chowder Day**  
#NationalClamChowderDay

**National Chocolate Covered Nut Day**  
#NationalChocolateCoveredNutDay

**International STAND UP to Bullying Day**  
#StandUpToBullyingDay

February 26

**National Pistachio Day**  
#NationalPistachioDay

**Letter to an Elder Day**  
#LetterToAnElderDay

**National Toast Day**  
#NationalToastDay

February 27

**Kahlua Day**  
#NationalKahluaDay

**National Polar Bear Day**  
#InternationalPolarBearDay

**National Retro Day**  
#NationalRetroDay

**No Brainer Day**  
#NoBrainerDay

**National Strawberry Day**  
#StrawberryDay

**National Protein Day**  
#NationalProteinDay

February 28

**Rare Disease Day**  
#RareDiseaseDay

**National Public Sleeping Day**  
#NationalPublicSleepingDay